



Barbara Kendall in the gardens outside Chatsford Community centre before delivering an address that was filled with her distinctive energy, vibrancy, and realistic guidance.

Barbara Kendall inspires

When Barbara Kendall (MBE) speaks her dazzling smile and inspiring story are guaranteed to rivet any audience.

This year Barbara was invited to speak as the annual guest celebrity speaker at a special event for Chatsford residents and guests on Sunday, October 19. True to form, Barbara rose to the occasion and enthralled a packed audience of more than 200 in the Summerfield Hall at Chatsford.

Barbara Kendall first achieved international recognition by winning New Zealand's only gold medal at the 1992 Barcelona Olympics and was the first woman in New Zealand to do so for 40 years. Her career continued to become a four-time World Champion, Olympic Gold, Silver and Bronze Medallist windsurfer. She retired from competition in 2010.

Her natural warmth, vitality and enthusiasm have won the hearts of all New Zealanders. She has instant audience appeal, whether she is sharing Olympic anecdotes or secrets to her success. Her story is one of hard work, goal setting, discipline, motivation, determination and passion. It hasn't been an easy road and a lot of her success has been achieved after extreme trauma and adversity.

She was racing P Class boats at the age of 12 and attained success in a variety of classes at a national level. At 16 she tried windsurfing as a serious sport and entered her first world Competition in Scotland in 1984.

Twenty years later she was still at the top of her sport after competing in her 4th Olympics at Athens in 2004.

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www.chatsford.co.nz





Chief's chatter

2014 has been another wonderfully busy year at Chatsford. Many new residents from all over New Zealand have chosen to make their 'lifestyle choice' and live amongst our spacious and picturesque gardens on the Taieri Plains.

As the year draws to a close it is an opportunity to reflect on how fortunate we are to live in this part of the world – in this great little city in our beautiful little country. Dunedin and New Zealand have each ranked very highly in a number of international 'quality of life' surveys that have been published recently. In my role I need to travel to Wellington and Auckland a few times each year. Often on the taxi ride to or from the airport I get to talk to drivers from all over the world. Their efforts to escape the poverty, war and corruption of their home countries are sobering and their gratitude for having an opportunity to live in a country like New Zealand is immense. We should never take for granted what we have here.

Part of what makes New Zealand so special is the many down-to-earth but oh-so-inspirational Kiwis who take on the world and rise to the top of their chosen field of endeavour. While they may do this as individuals or teams, they end up taking us all with them as they overcome challenges and succeed, time and time again.

It was very special to be able to meet in person one of these inspirational Kiwis when world and Olympic wind-surfing champion Barbara Kendall came to speak at Chatsford in October. Barbara is a remarkable woman who, even though she has retired from competitive wind-surfing, continues to push the boundaries of international sport in her roles on many different commissions within the International Olympic Committee.

As you will see in this edition of the 'Chat', however, you don't have to go outside of Chatsford to find interesting and inspirational individuals who have dedicated a lifetime to their chosen field, seized opportunities and overcome challenges.

Jenny Heller's Hellrich Heirlooms proves that if you identify a need and develop the right product, customers will come to you.

Sally Direen has devoted a remarkable 40 year career to the education of Dunedin children – and even as retirement looms she still enjoys going to work every day!

Ann Dennison shows us all what is possible in the choices we make each day to protect the environment (and made me feel more than a little guilty in the process reading her story).

Denise Cooney's positive attitude to life's challenges allows her to see the best in every situation and is an inspiration to those around her.

Read all about Jenny, Sally, Ann and Denise on the pages that follow.

In August Chatsford once again hosted a brief visit by Prime Minister, John Key, as part of the lead-up to the general election. This visit came just one day after the launch of the 'Dirty Politics' book, so there was more than the usual media presence. I suspect the PM found the relatively respectful and appreciative audience at Chatsford a welcome respite from the Dirty Politics and Kim Dotcom turmoil that dominated much of the campaign.

So yes, another busy, eventful year. Would I want it any other way? Absolutely not!

In closing I take this opportunity to wish you all a very Merry Christmas and a safe and happy New Year.

See you in 2015...

Malcolm Hendry
Chatsford CEO

Chatsford Chat Online

Each edition of Chatsford Chat can now be **easily accessed on-line**. For readers who would prefer this option to a hard copy edition please indicate your preference by forwarding your email contact details to info@chatsford.co.nz.

Creative idea brings rich rewards

Chatsford resident Jenny Heller is justifiably proud of her business Hellrich Heirlooms.

Little did she know, when she designed an easy to read genealogy chart as a 21st birthday gift for her son Greg, that it would become a very saleable commodity.

“I was initially a stay-at-home Mum who thoroughly enjoyed and cherished that role, but I am grateful that I was also able to have a ‘paying hobby’ as a side-line.

“I was really very lucky,” she says.

Her Easytree genealogy chart solved a problem that many people had previously wrestled with.

The chart’s spacious design provides enough space for a person wanting to record their family tree with a clear pathway to record all four sides of marriage. Future descendants can also be added to it. The wall chart is attractively printed on an A1 sepia parchment which quickly proved to be an ideal gift. She added some tips on how to begin to research family history to accompany the charts.

“It was only when I received such a favourable response from friends and family to the chart that I recognised I had discovered a potentially lucrative business idea.”

Encouraged on by her husband John, an accountant, she took the plunge and enlisted the services of John McIndoe and Sons printers. This step enabled her to take her venture onto a commercial level.

One of her many lucky breaks in the early days of her business was winning a \$3,000 advertising budget with the then Radio Pacific (now Radio Live). When she was told she had won the prize live on air and was asked what her business name was she replied Hellrich Heirlooms.

“My married name is Heller, my maiden name was Richardson and I was hoping to get hell of a rich.”

Shortly afterwards, she was launched into the national spotlight.

Newspaper and magazine articles quickly followed and the orders started rolling in. She also displayed and sold her charts on the Craft Show circuit.

“One of the first ones I did was the Thieves Alley in 1996. That year, they had a cup for the ‘most unique stall’ which I won. It was judged by the then Mayor Sukhi Turner.”

Jenny was nominated for the Eastern Southland Communicator of the Year Awards in 1998. With each chart that went out, she always included a little personal letter telling the customer whereabouts she was in the country and a little bit about the history of the area. The person that nominated her believed that she had done a great job in promoting her district.

Hellrich Heirlooms broke into the Australian market through mail order catalogues, such as Morley and Innovations. The rest, as they say, is history.

With a newly revised chart on the market and a vibrant website to attract both local and international customers, the business continues to evolve. Jenny was a frequent guest on the speaking circuit and continues to inspire others with her story.

“It’s amazing how it has all unfolded - I never really went looking for this business but it certainly found me.”

Jenny and John Heller have three children. Their daughter lives locally in Mosgiel, and their sons in Balclutha and London. Jenny is excited at the prospect of meeting her new grandchild Tommy when she travels to London for Christmas.

Visit Hellrich Heirlooms at: www.hellrich.co.nz



Enjoying chatsford

Carrying the mantle of Chatsford's youngest retirees sits well with residents Sally and John Direen.

They have lived at Chatsford for three years and still celebrate their decision to settle there at a relatively young age.

"I think I am the youngest in the community and was recently told by a staff member that they thought I was a resident's daughter, which actually I am. My mother, Pat Ritchie, also enjoys her life at Chatsford," says Sally.

"I particularly enjoy coming home from a day at work to my lovely, warm, sunny home. There's always someone passing to have a chat with or to wave out to."

The Direens have made many friends at Chatsford and intend to spend their retirement with their extended family, enjoying overseas travel, playing golf and joining in more of the social activities at Chatsford.

Sally and John married 43 years ago and have three children, three grandchildren and three step grandchildren. Their two sons, Matthew, a teacher, and Simon live in Dunedin. Their daughter, Katherine, lives in Taupo.

Sally and John have travelled to Malaysia and Australia with John McGlashan first fifteen rugby tours, to Japan to visit their son Matthew who was a professional rugby player in Osaka for three years and they have had holidays in Fiji, Rarotonga and Australia.

John taught maths and history at John McGlashan College for 27 years. He has had long-standing links to Otago rugby both as a player and coach. He also has a keen interest in Surf Life Saving and Golf.

Sally grew up in Macandrew Bay which was a small community village where everyone knew each other and the community spirit was strong. She attended Macandrew Bay Primary School, Tahuna Intermediate and Bayfield High School.

Sally graduated from the Dunedin College of Education as a teacher in 1971.

Sally has taught at St Clair, North East Valley, Concord and Brockville schools in Dunedin.

She graduated with a Master of Education in 2003 at the age of 52 after studying at the Dunedin College of Education, the University of Otago and the University of Launceston in Tasmania.

"I have had the good fortune to have a teaching career that has spanned 40 years. To me it is an honour and a source of great pride," she says.



"Teaching to me is one of the most rewarding careers anyone could have. You are always around positive people and happy children who provide so many rewards and great pleasure."

"There would rarely have been a day when I haven't looked forward to coming to school."

Sally taught in several Dunedin schools before being appointed to Balaclava in 1993 as the Deputy Principal and then three years later became the principal. This year is her 18th year as principal. She retires at the end of this year.

During her time at Balaclava School she has had secondments into the Dunedin College of Education as a Management Advisor and the Education Review Office. She served a term on the New Zealand Education Institute's Principals' Council and six

years on the New Zealand Principals' Federation executive which involved regular trips to Wellington and many meetings around the country.

Sally has had a long involvement with the Otago Primary Principals' Association and served on their executive for 16 years and as the president in 2005.

She was awarded a Life Membership to the Otago Primary Principals' in 2012 for services to education in Otago.

“This was a great honour and I felt very proud to receive this recognition”.

Another career highlight was to be awarded a sabbatical in 2009. Sally attended an international principals' conference in Singapore and had an opportunity to visit several top performing schools. Together, John and Sally travelled on to London where they spent a week exploring London and Sally visited a number of schools. They then joined a 14 day Trafalgar tour of Great Britain and Ireland followed by a 31 day Trafalgar tour of Europe. On the way back to New Zealand they spent four relaxing days on beautiful Bintan Island.

“I am looking forward to my retirement and plan on taking the time to enjoy my lovely Chatsford home, the many activities available here including the gym and the swimming pool and to spend more time with my family and friends.”

Every little bit helps

When Ann Dennison goes to sleep at night, she most likely rests without a guilty conscience.

In her day to day life she spends a good portion of it not only thinking about environmental problems but also devises strategies and very practical solutions to everyday purchasing choices.

Last year she reduced her rubbish to one shopping bag a month of landfill. This year she has reduced her own family's landfill waste to an impressive chip bag size for every month.

Rather than just saying let's not use plastic bags at the supermarket, she has collected and made a variety of bags to suit all of her shopping requirements.

She carefully considers the environmental impact of all of her purchases, from the simplest of choices such as buying soap that is not wrapped in either cellophane or plastic, or using a recyclable glass container to store her washing powder through to choosing a recyclable bamboo toothbrush.

As part of her campaign she gave a verbal submission to the Dunedin City Council in pursuit of the aim to stop Dunedin supermarkets supplying plastic bags to their customers.

“These plastic bags require a shocking amount of oil to produce; they pollute the air, water and landfill and they kill fish, birds and animals. They take an inordinate amount of time to break down in the soil and they are totally unnecessary,” she says.

“As we speak there are 7,258,358,732 people in this world. All of us are consumers and we are mindlessly flinging our rubbish into the ground without considering the impact our actions will have on future generations.”

“I truly believe that we have the opportunity to be the change we would like to see,” she says.

“Plastic is a material that cannot be recycled. It is down-cycled. Each time it is melted down and used again it becomes a diminished product. Aluminium or glass can be truly recycled and broken down to use over and over again.”

Ann punctuates her conversations with practical examples. When she buys sushi she takes her own container and cup. She recycles all of her own pill bottles. She has developed a way to pack a lunch in a delicately tied napkin rather than in customary glad wrap. She has discovered the Japanese art of Furochiki that uses fabric to wrap gifts rather than paper. She uses rechargeable batteries in all appliances except her house smoke alarm.

Ann Dennison is happy to share her tips with interested groups or individuals. She and her husband John are relative newcomers to the Chatsford community. After leaving their home of 26 years they have found the friendly social environment of Chatsford very welcoming.



Barbara Kendall inspires

Continued from front page

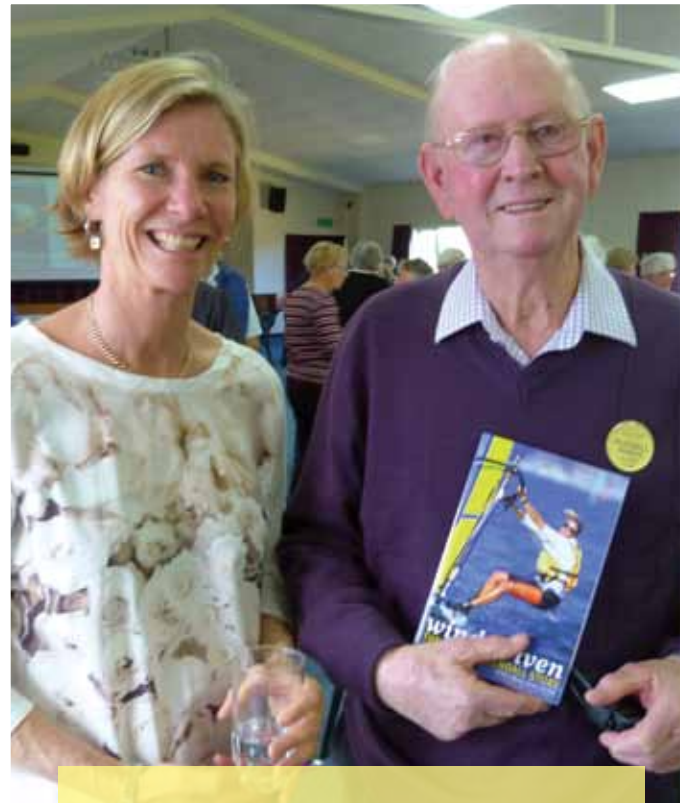
Barbara won a gold medal at the 1992 Olympic Games in Barcelona, Spain; silver at the 1996 Olympics in Atlanta, USA and a Bronze at the 2000 Olympics in Sydney, Australia. She won her first World Championship title in Sweden in 1987 with wins in 1998, 1999 and 2002. She was the New Zealand national woman's champion for more than 20 years.

Her achievements and dedication to her sport have been widely recognised. She received a young achievers award in 1990 and later the Commemorative Queens Medal, and MBE and the Yachts Person of the Year Award in 1992 and 1998. She was also awarded the New Zealand Sports Woman of the year for 1996, 1998, 1999 and 2002.

Barbara most importantly became a mother in 2001 and continued to compete a year later. She went on to win the world championships later in 2002. In 2007, Barbara was inducted into the International Sailing Hall of Fame.

She was elected as a member of the International Olympic Committee (IOC) in South Africa in July 2011. She retired from competition in 2010. She represents Oceania, athletes and women on many different commissions within the Olympic Movement. She currently facilitates and presents leadership and development workshops globally.

Barbara is a tremendous role model for young and old alike. She speaks directly from her own experience of overcoming obstacles and the rewards of achieving your dreams while at the same time maintaining a balance in life.



Above: Russell Driver enjoyed meeting with Barbara Kendall and getting her autograph on his copy of her book: Wind Driven - the Barbara Kendall Story.



Above: Peggy Brown and Barbara Kendall enjoy the camaraderie of sharing life's experiences after Barbara's talk in the Summerfield Hall at Chatsford.



Below: Jean Platt, left, shares an enjoyable moment with Barbara Kendall.

Cup Day Celebrated in Style

It has become a tradition at Chatsford to celebrate Melbourne Cup day with a range of themed events and activities. November 4 this year was no exception!



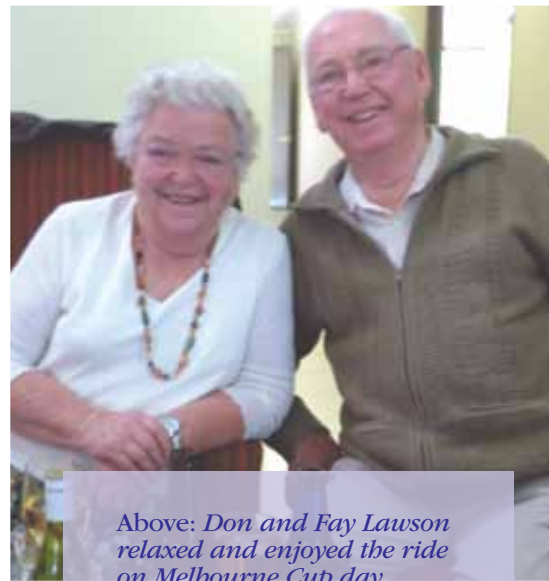
Above: Dennis and Irene Broadbent got into the spirit of the day with Dennis assuming the much coveted role of Bookie for the day.



Below: Des Cordell being served his reward of a pint of Guinness by his wife Brenda, ably assisted by Aileen Labes.



Above: Des Cordell won the Best Dressed Man section against some stiff competition. Jean Harrison (left) won the Best Hat Worn and Margaret Barber (right), who won the day's Best Dressed Lady award.



Above: Don and Fay Lawson relaxed and enjoyed the ride on Melbourne Cup day.



Left: A spring flourish – Jean Harrison's winning hat design set the tone for a colourful Melbourne Cup day celebration in the Chatsford Community Centre.

Resale corner

December 25, is fast approaching and once again the cooks among us are baking delicious Christmas Cakes, puddings and mince pies.



Chatsford people are renowned for getting into the swing of Christmas festivities. It gives us the time to pause and look back over the year and reunite with our families and celebrate what for many of us has been a busy and fulfilling year.

Leading into 2015 it will be business as usual at Chatsford over the Christmas/New Year period (apart from the statutory days). Summer is an ideal time to explore our thriving community and see for yourself what Chatsford has to offer. For a personalised guided tour don't hesitate to call on (03) 489 7776 to make an appointment.

It is Christmas time – and it is also a time of joy. To those of you who look forward to and celebrate the festive season, I take this opportunity to wish you, and all those close to you, a very Merry Christmas. I hope you enjoy a relaxing time with your immediate family, relatives and friends. Best wishes for a prosperous 2015.

Dawn Brieseman
Marketing Manager

If you require information on properties available, please phone Dawn Brieseman on 489-7776.

Chatsfords welcomes the prime minister

Chatsford residents took full advantage of a recent opportunity to meet with Prime Minister, John Key, prior to the election.

Mr Key took time out of his busy schedule to visit Chatsford and was welcomed with a packed audience in the Summerfield Hall. He also generously allotted time for a question and answer session following his address.

Top right: South Dunedin Candidate Hamish Walker, and Dunedin North candidate Michael Woodhouse, also attended the event.

Bottom right: Keith Spence, left, and Wallace Carruth enjoy a moment chatting with the Prime Minister.

Below: Susie Staley, Chairman of the Chatsford board, welcomed and introduced the Prime Minister to Chatsford residents.



Working at Mercy

Denise Cooney and her husband Bryan have called Chatsford home for more than 10 and a half years now.

Chatsford gave them a solution to some real challenges in their lives after Bryan suffered a stroke following surgery. Their Parklands town house design was wheelchair friendly which made living so much easier.

When they first arrived Denise was 54 and became one of the youngest people in the community. She continued working as Personal Assistant to the Chief Executive of Mercy Hospital, while also co-ordinating carers for Bryan during the day. For seven years this provided a workable if not very busy solution to their requirements.

“If we had stayed in our own home in Dunedin through these years we could have become quite isolated,” she said.

“Bryan already knew folk within the Chatsford Community and being able to socialise and maintain connections with people was easily available to us here.

“It is lovely to be able to go over to the community centre and have a cup of coffee (or something stronger at Happy Hour!) with friends or go for a gentle stroll and look at the beautiful gardens right on our doorstep.”

Denise finds that her role at Mercy Hospital is a real privilege.

“After 20 years working at Mercy, I still continue to look forward to going to work every day.

“It is a truly caring work environment that is second to none. The philosophy, mission and values at Mercy permeate every aspect of our work.

“When you work for people who have their hearts in the right place it inspires all of the staff to give 110 percent as well. It’s no surprise that the turnover of staff at Mercy is minimal.”

Bryan now lives at Birchleigh hospital that adjoins Chatsford.

“He is literally a stone’s throw away from our townhouse and it is so convenient for me to visit him whenever I want to.”

With a tennis court located directly across from her town house and her own retirement beckoning next year, Denise is looking forward to indulging in some of her lifelong sporting pursuits.

Throughout the years she has represented Otago in many codes some of which include netball, basketball, squash, tennis and softball.

She continues to maintain a keen interest in sports and plays Veterans tennis in Dunedin.

Denise comes from a musical family, with both her parents playing the violin in orchestras and her younger brother an entertainer abroad. She says sadly she did not inherit the musical genes, preferring to play sport instead. Denise does have an appreciation of most music and regularly attends concerts – with a strong love of opera.

With Christmas on the horizon she is looking forward to hosting her two sons and their growing families. She has eight grandchildren aged between 18 months to 9 years old.

“We are fortunate to have the facilities at Chatsford that the grandchildren greatly enjoy. Riding scooters and bikes on the wonderfully safe pathways and utilising some of the activities suitable for children, makes staying with Granddad and Grandma a mutually enjoyable occasion.”

“Bryan and I are very happy living here. We appreciate the simple joys in life together at Chatsford.”



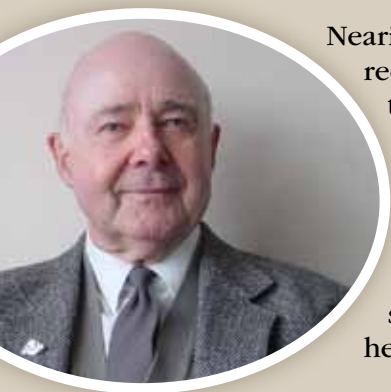
Above: Denise Cooney - Personal Assistant to the Chief Executive of Mercy Hospital, with Marinoto House in the background.

Chaplain's chatter

How would you describe somebody who was an accomplished pianist at aged 10, a professional organist at 11, had compositions published at 13, and was a member of the Royal Court musical staff at 14?

Privileged? Born with a silver spoon in his mouth? Hardly! Ludwig van Beethoven was a black-haired, swarthy complexioned, pock marked boy who endured taunts and name calling in his home town along the Rhine River, an area of mostly blonde, fair-skinned children. His alcoholic father decided that Ludwig would support him, so he made him a slave to the keyboard.

Looking back, Beethoven couldn't recall a single moment of childhood happiness. His life was composed of work, tears, beatings and angry tirades. In his twenties he encountered another more insidious enemy, deafness. When he could no longer play publicly, he put his energies into composing. His years of deafness were his most prolific. Although, at the time, his works weren't well received, he influenced many of the great composers like Brahms, Wagner and Schubert.



Nearing death and recognising that the world had never fully understood or appreciated him and his music, he said with a smile, "I shall hear in Heaven".

When life knocks you down, you don't stay down - bounce back! Everybody stumbles or gets knocked off their feet from time to time; the winners are just the ones who keep getting back up. The difference between winners and losers is their ability to turn stumbling blocks into stepping stones. If you pray and look hard enough, you'll find the seed of good in every adversity.

Lawrie Rankin
Chatsford Chaplain



cook's corner

Pauline Lang is a real café aficionado. Together with her father and her brother she worked in the well known coffee shop in George Street called The Little Hut. They opened the Little Hut in 1957 and it is still going to this day. She recalls that it was packed all the time.

'We served all sorts of baking and also had meals on the menu,' she says.

Pauline took a spell from the coffee bar business when her two children were young and then went on to run the Gardens Tea House for seven years. She is no stranger to a hard day's work and the coffee shop was open seven days a week.

Now in her 83rd year she happily says that she is content to let others have their turn in the kitchen. As the Christmas season approaches she and her daughter Bronwyn bake Florentines, Little Pecan tarts and Nougat. Wrapped in cellophane, tied with a festive ribbon, these treats make delightful little Christmas gifts.

'The trick with the Florentines is to keep the oven at a low heat, and to keep a good eye on them.' The 60% Whitakers dark chocolate spread on the flat side of the Florentines is a delicious addition.

The little pecan pie recipe is a Jo Seagar favourite with delicious melt-in-the-mouth syrup and flavoursome nuts. Nougat remains an all-time Christmas favourite that is very simple to make.

Pauline and her husband Bevan have lived at Chatsford now for about 18 months, after living in Dunedin for many years.

Bevan is a very keen gardener and he spends a lot of time at his daughters place in Mosgiel where he tends to their very large garden. Pauline is one of a group of Chatsford women who meet regularly for morning tea followed by a leisurely walk around the large grounds at Chatsford.



FLORENTINES

*3/4 c sultanas
3 oz raw peanuts
2 oz chopped cherries
3 oz dark chocolate
2 c crushed cornflakes
2/3 c condensed milk*

Method:

Combine all ingredients (except chocolate) and mix well. Grease flat oven tray with paper and place dessert spoon of mixture on tray. Bake in moderate oven for 15 - 20 minutes. Leave to cool. Put choc on flat side.

WHITE ROCKY ROAD

*300g rose Turkish Delight (or fruit jubes or half of each)
150g marshmallows
100g blanched almonds, toasted
100g long thread coconut
350g white chocolate, melted*

Method:

Coarsely chop Turkish Delight, marshmallows and nuts and combine with coconut in a bowl. Pour chocolate over and mix well. Press firmly into a large, lined loaf pan. Cover with foil and weigh down with heavy object. Chill several hours until set or leave overnight in the pantry. Cut into squares to serve. Keep in fridge.

CHRISTMAS NUT PIES

*125g butter
1 c flour
1/2c icing sugar
1c mixed nuts (chopped in 1/2 if using brazils)
60g butter
1 egg
1 c brown sugar
1 t vanilla essence*

Method:

Place 125g butter, flour and icing sugar in a food processor and run machine until the pastry clumps together in a ball around the blade. Divide into 16 balls and press into well greased mini muffin tins. Refrigerate for at least 30 minutes. The pastry will set quite firm and you bake it cold.

Divide the nuts between the chilled pastry cases. Mix the melted butter, egg, brown sugar and vanilla together until smooth and "gluey" and spoon or pour carefully over the nuts. Do not overfill each pie.

Bake in a preheated oven at 180°C for 20-25 minutes, until the pastry is golden brown and the filling puffed and crisp. Take out of the oven and leave in the mini muffin tins for a few minutes until they are cool enough to handle. Give each pie a little twist around to loosen the bottom. Lift out and cool on rack until completely cold.



grey matter puzzles page

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word find

- BALACLAVA SCHOOL
- BARBARA KENDALL
- BUSINESS
- CHRISTMAS
- CHRISTMAS NUT PIES
- ENVIRONMENTAL
- FLORENTINES
- GENEALOGY
- MERCY HOSPITAL
- MUSICAL
- OLYMPICS
- PRIME MINISTER
- RECYCLE
- SPORT
- THE LITTLE HUT
- YACHTS

sudoku

VERY HARD

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answers

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R	E	C	Y	C	E	L	C	Y	C	E	R	L	C	O	B

8	4	6	1	3	5	7	2	9
5	9	1	2	4	7	6	8	3
7	3	2	6	9	8	1	4	5
4	7	8	3	5	1	9	6	2
1	6	5	9	7	2	4	3	8
3	2	9	4	8	6	5	1	7
6	1	7	5	2	3	8	9	4
2	5	4	8	6	9	3	7	1
9	8	3	7	1	4	2	5	6