

A century well lived

Having celebrated her 100th birthday on November 17th, Alice Sainsbury has the posture and grace of a woman many years younger.

She was born in Wellington in 1918, where her father worked as a house painter. As a young woman, during the war years, she worked as a shop assistant in the DIC in Christchurch. She later moved to Dunedin and worked in the Cosmetic Department in the DIC - she must have learned some tricks because her skin is still exceptional. Her simple, no nonsense approach to life has set her in good stead.

She married her first husband, Edwin MacLeod who was known as Ted, when she was 26. He was a soldier driver who didn't leave New Zealand as a result of mastoids in his ears. They had two sons; Ross, who now lives in Geraldine and Malcolm, who lives in Mosgiel. During her first husband's illness they had 29 trips to hospital. As is to be expected of someone her age, she has experienced her fair share of loss, outliving two husbands and the death of a son who only lived two days. Alice has a pragmatic and inspiring attitude to life. "Everyone has ups and downs in life. You've got to have faith," she says.



Following her husband's passing, she married Laurie Sainsbury, a widower who was an old friend. She remembers with great fondness a trip they took to England, Scotland and Wales together. They hired a rental car, and they'd sit down at night with a map and plot their course for the next day. "We stayed in bed and breakfasts mainly and had a lot of fun. One day we stopped at a little shop to ask if we were on the right road and the shop assistant told us, 'Just go over the hompy (humpy) bridge'". It was so quaint.

When she and Laurie lived in Anderson's Bay she worked as a part-time receptionist at the near-by convent. She was in a church choir as a young woman and has always enjoyed semi-classical music.

A keen gardener, her favourite flower is the Trillian, which she says is sometimes called a celestial flower as its flower reaches up above its leaves towards the heavens. When her sight allowed she was a keen needle worker and knitter. She is a lover of both cats and dogs and dachshunds were her favourite. She found them

to be faithful, and smooth, with their glossy short coats.

The West Coast of New Zealand holds a special place in her heart and she loves whitebait. She recalls when one day a big box was delivered to her doorstep and the delight she felt when she discovered it was full of freshly cooked whitebait patties.

Since moving to Chatsford nine years ago Alice has enjoyed the peace and privacy her flat offers her. "I feel secure here. I do what pleases me and I'm happy. I don't want a flash celebration for my birthday. I just want my family." Alice has five grandchildren. "By my age, most of my friends have already passed. I do feel grateful. Every day is a blessing and I thank God for the life I've had."

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To take an online tour of our wide range of activities, amenities and housing options available, visit

www.chatsford.co.nz



Chief's chatter



Spring has sprung, the grass has riz, Chatsford's where the flowers is...

Excuse my imperfect grammar, but as I write this we certainly do have some spectacular sights around the Chatsford gardens right now. The blossom trees were an absolute picture in recent weeks and now the flowers are starting to bloom – adding so much life and colour to our grounds.

Groups who are interested in viewing our expansive gardens are more than welcome to pay a visit. Just give Dawn or Emma a call to make arrangements. We might even shout you afternoon tea!

Our Celebrity Speaker this year generated a lot of interest, with around 200 people coming to listen to sports broadcaster, Keith Quinn. Keith labelled his talk “A Lucky Man” and, in a very humble manner, described his long and illustrious career, taking him from small town New Zealand to some of the largest sporting events in major cities throughout the world. His talk was accompanied by numerous photos – most of these taken by Keith himself. His warm and engaging manner meant the 50 minutes or so that he was talking just flew by. You can read more about Keith's visit on the following pages.

Good progress has been made on the build of the Ultra-Fast Broadband (UFB) fibre network throughout Chatsford, and all homes are now ‘fibre-ready’. Chorus has recently decided to take this project one step further and will proceed with the installation of all the technology required for each home to allow access to UFB once each resident chooses to use it. This will

make the connection process much quicker and easier for those residents who want to use UFB.

Chatsford attracts people from a wide range of backgrounds – as the three resident profiles in this edition of the ‘Chat’ clearly demonstrate. Ernie Bevin has chauffeured, among others, royalty and the Shah of Iran. Alan Diack has received national recognition for his contribution to animal welfare over a period of more than 50 years. And finally, our soon to be centenarian, Alice Sainsbury has had a wonderfully varied and interesting 100 years. You can read about them all in this edition.

One of the many things that attracts people like Ernie, Alan and Alice to Chatsford is the wide variety of events and activities that are available. Our Activities Coordinator, Wendy McAlwee, puts together a fantastic programme with many regular activities and one-off events that keep people active and involved – all at a level that suits individual interests and capabilities. Combined with the superb amenities that Chatsford offers, there really is something for almost everyone. The challenge for some is finding the time to fit it all in!

One of the amenities that we are looking forward to getting back in action is our bowling green. The project to replace the natural turf with an artificial option started last year. We had a few challenges with the original supplier for this project, and this took some time to resolve. Laying and gluing the artificial turf needs to be done in warmer temperatures, so we are hopeful that by Christmas we will have our brand-new green available for all our keen and budding bowlers to use.

Speaking of the rapidly-approaching festive season, on behalf of the entire Chatsford team I would like to take this opportunity to wish you a wonderful Christmas and a safe and happy New Year. We look forward to see you in 2019.

Malcolm Hendry
Chatsford CEO

A voice for the animals

Alan Diack and his companion Mac, a hale and hearty 12 year old Bichon Frise/Lhaso Apso dog, are relative newcomers of Chatsford.

Alan's wife Helen died four years ago. Mac and Alan are quietly establishing themselves into a routine that gives Alan a pause in between his writing, reading and research projects and Mac his daily dose of fresh air and whiff of cat.

Alan's father sold farm machinery in Timaru (including the now infamous Bulldog diesel tractors), before he bought his own block of land in Temuka. Alan's brother Jim became a pharmacist and, in contrast, Alan felt the call of the countryside. “Instead of practicing the piano, I jumped out the window and went to the farm next door,” he says. “Our neighbour, Mr Gregor Brown was like a second father to me. He taught me to drive a tractor, and introduced

me to the basics of farming. I'm still grateful to Mr Brown for teaching me the value of physical exercise and deep breathing alongside my academic studies." About the same time, Alan attended a Bible Class camp and committed to living the Christian way of life.

He studied agricultural and science subjects at Temuka District High School and as a member of the Young Farmers Club he gained national recognition for his stock judging abilities. He won the John Mowbray Tripp scholarship which enabled him to study at Lincoln University from 1950-51 where he graduated with a Diploma in Agriculture. Alan met his fiancée Helen while he studied at Lincoln. Helen's father and his wife Edith (Nana) quickly accepted him into their family. "Helen had an indefinable quality. She was more intelligent than me and could ride a motorbike better than I could." They married after a long engagement. "The day I got married was one of my proudest moments," he says.

A brief stint at a stock firm confirmed his strengths were better suited to field work and he joined the Ministry of Agriculture in the Animal Health Division in Blenheim as an Assistant Livestock Officer. Later he was assigned to Kurow as his first posting with a district of his own. It was a role that required integrity and persistence. "Our role was to fight any diseases which would impact on the health of our local community and protect the value of the meat and dairy products. We were officially the protectors of the livestock as well as the regulators of a wide range of services." He says.

Among the biggest challenges in the first few years of his working life were eradicating Bovine Brucellosis, Hydatids and Tuberculosis. At the time New Zealand was the only country in the world that allowed lay people to carry out TB testing. He was required to work in partnership with local authorities and to have face-to-face contact with individual farmers. He believes he was among one of the first people in New Zealand to handle 1080 when it was introduced to combat the rabbit infestation in 1957-58.

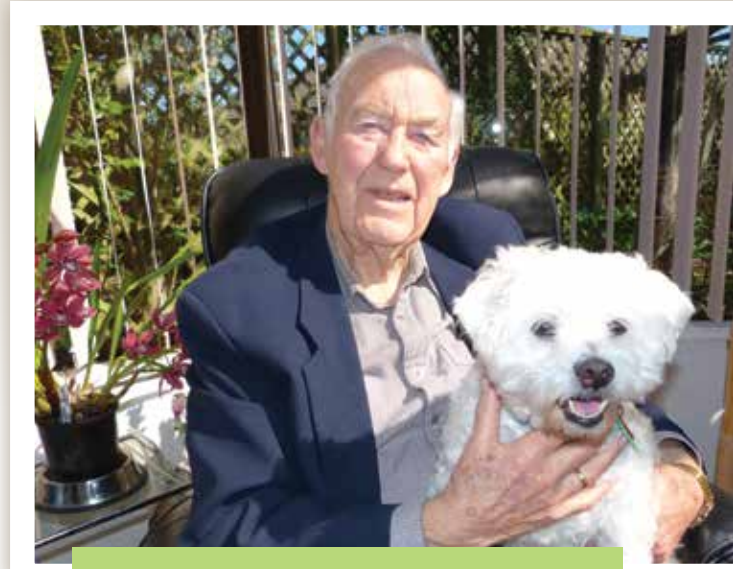
When Helen's father died, Nana lived with Alan and Helen and remained in their home for the next 40 years. Helen taught at the Sunday school, Nana played the organ and Alan was an elder of the church and a member of a variety of voluntary organisations, including the local Fire Brigade. At first they bred Corgis and then progressed to West Highland Whites, one of whom lived for 17 years. Two of their five children were born in Kurow and another in Otematata. the remaining two were born in Christchurch. The Diack family loved the Kurow community and Alan returns whenever he can.

Alan was promoted to the position of Senior Livestock Officer in Christchurch. Part of his role was to train up to eight trainees in the field. Tuberculosis was rife in West Coast farms and he was required to travel there frequently. His role included inspecting herds and also valuing infected cows which had to be slaughtered.

Alongside his regular work commitments, in 1972 Alan accepted a challenge to work in partnership with a MAF veterinarian Frank Beckett, to import into New Zealand four breeds of sheep from the United Kingdom and The Republic of Ireland. The rationale was that the introduction of new exotic breeds into the existing sheep flock would increase the milk production in lambing, lift lambing percentages and ensure that lambs fattened quickly before the dry season set in. The risk of introducing new diseases to New Zealand required strict conditions and the imported sheep were held in maximum security quarantine. Alan's book, *Two Shepherds Who Lost Their Sheep* published in 2007, gives an insightful account of this historical challenge and its final outcome. His region also included Chatham Islands, where he encountered unique conditions that he still reflects upon. Alan has penned a fascinating account of the challenges and successes he faced in his pioneering work with the Ministry of Agriculture, entitled *A Discourse of my Working Life 1950- 2010, Animal Welfare and other things*.

The remaining years of his working life were spent as the Regional officer for Otago and Southland, where he led a team of 40 people. Within minutes of meeting Alan it is evident he is a deep thinker. He is quick to ascertain the measure of a person and if faced with a problem he thinks clearly and methodically to resolve it. These qualities served him well in his 31 years working for the Ministry of Agriculture as an Inspector in the Animal Health division. Throughout his working life, Alan held strong views on animal welfare. He is a recipient of the MAF/SPCA Animal Welfare Services Award, and the NAEAC Award for services to Animal Welfare. He has also been a member of the Otago University Animal Ethics Committee for 16 years and is a strong advocate of the reduction to the absolute minimum of animals used in university studies. In 2006 Alan received a SPCA/MAF certificate commemorating his 50 years' service as an Animal Welfare inspector.

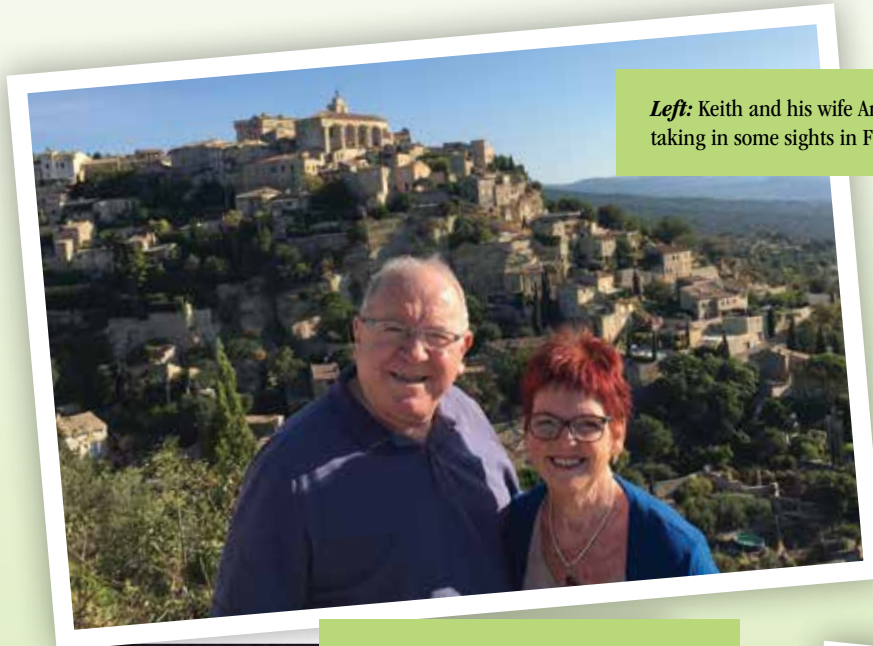
In 2011, Alan was awarded the Royal New Zealand SPCA's annual silver medal for service to animal welfare.



Above: Alan Diack sits beside one his prized orchids with Mac, as they enjoy a spring afternoon, in their conservatory together.

Celebrity Guest Speaker

This year's Celebrity Speaker Keith Quinn, enthralled his audience with his professional and personal life on September 16. The veteran radio, television sports broadcaster and writer was a hit with the audience.



Left: Keith and his wife Anne, taking in some sights in France.



Left: Keith Quinn speaking at his personal presentation.



Below: Mrs Bev Hanley's suggestion to 'bring back rucking' elicited the quick response, "tell me who this woman is, I love her!" from a delighted Keith Quinn.



Above: Residents (left) Joan Petch and Graeme Collie, alongside visitor Sally Stewart, and residents Margaret Collie and neighbour Pat Bain, enjoy a cup of tea together.



Above: Bev Crosland and Ann Beaumont enjoyed each other's company as well as the afternoon's legendary rugby tales.



Left: Ilene Greene and her daughter Jenny Chalmers thoroughly enjoyed the opportunity to hear Keith Quinn speak and meet him afterwards.

Maker Visits Chatsford

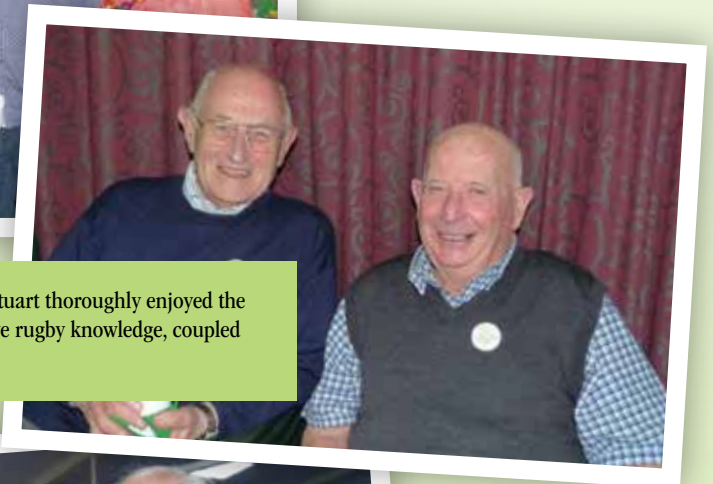
His extensive knowledge of rugby and his quick wit at the Summerfield Hall on Sunday, welcomed the lively questions and comments he received from his audience.



He proudly closed his address on a note, with a photograph of his family.



Left: Ross Henderson (*left*) his mother Alma, and Judy and Darryl Monaghan, visitors to Chatsford for the Celebrity Speaker afternoon.



Right: Alister Rae and Graham Stuart thoroughly enjoyed the breadth of Keith Quinn's extensive rugby knowledge, coupled with his entertaining delivery.



Left: Elaine Fowler, Fay Lawson and Malcolm Boote make the most of the occasion.



Above: The Celebrity speaker afternoon draws audiences from far and wide. Carol Creighton from South Otago, took the opportunity to hear Keith speak.



Below: Diane Griffiths, her Mum Shirley French, and neighbour Phyllis Willocks, enjoy a cup of afternoon tea after Keith Quinn's talk.

Resident's profile

A relative newcomer to the Chatsford community, Ernie Bevin has quickly found his feet. Once he joined the ukulele group, his musical and social wings have been fully extended.

Ernie began his working life at 14 ½ years as a butchery apprentice at Robinson's Butchery in Kaikorai Valley. One of his cycling club friends told him he could earn up to five pounds a week and that was enough of an incentive for him to give it a try. 21 years later, after rising among the ranks through working in various shops, he bought his own butchery business in Mosgiel. An affable man, he enjoyed the interaction with his customers and became adept at advising them the best ways to cook their meat. It was only when he developed pleurisy from working in damp and cold conditions that he changed tack.

Ernie became engaged to his one and only wife Margaret at her 21st. They met after she'd been playing netball and he offered her a ride home on his motor bike. Shortly afterwards he joined Margaret and her sister at a dance at St John's church and the rest, as they say, was history. They enjoyed ballroom dancing and took tuition together. Margaret and Ernie had two children, Christine and Bruce.

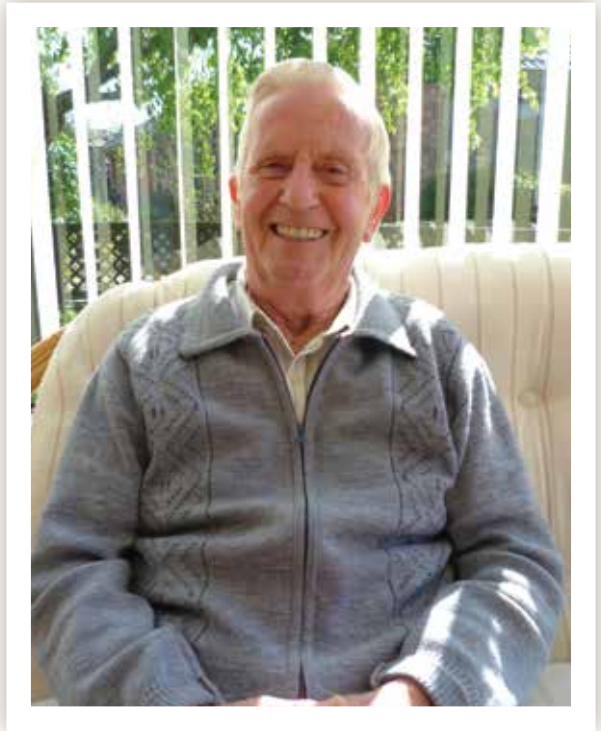
The next phase of his working life, after the butchery, was driving vans for the Post Office and taking staff home following working night shifts. He then became a Ministerial driver for the Public Service Garage, driving a Ford LTD. He was on-call and enjoyed the variety and responsibility that his job entailed. He drove ministerial staff from as far afield as Timaru to Invercargill and his role required a code of conduct that included confidentiality, courtesy and the

ability to think on his feet. He drew on his strong local knowledge to develop sightseeing tours for ministers to match their interests and portfolios. He'd drive them to locations as diverse as fruit farms, slaughter houses, wineries and the albatross colony at Tairoa Head.

He recalls driving as part of a 12 car entourage when the Shah of Iran visited Otago. He said it was a real eye opener. The Rolls Royce the Shah was driven in was borrowed from Australia and flown to New Zealand on a cargo plane. On the occasions when he was required to drive Royalty, Ernie donned a chauffeur's cap and white gloves. He progressed from the head chauffeur position into the office and foremen's role until he retired in 1991.

A keen fisherman, Ernie's favourite is salmon. He and Margaret spent many happy weeks together touring both islands in their campervan. They took 13 trips across Cook Strait. Margaret would contentedly crochet and knit in comfort while Ernie chanced his luck with the other fishermen. Margaret was a wonderful home cook who always kept the cake tins full of her delicious baking. She died three years ago after a battle with Motor Neuron disease. Ernie rallied from his loss through his volunteer work driving for the RSA and teaching blind people how to use talking book machines. He has been astounded by some of the remarkable and resilient people he has met.

When the maintenance of his home and garden in King Street in Mosgiel became overwhelming, Ernie moved into his Townhouse at Chatsford. He has quickly integrated into Chatsford's lifestyle and looks forward to playing bowls and the enjoying the company of his many new found friends.



APPT. No. 122457

Mr E. J BEVIN
FOREMAN
(Through Manager
PUBLIC SERVICE GARAGE)

CHIEF POST OFFICE
MANAGER
- 3 DEC 1985
GARAGE
DUNEDIN

NOTIFICATION OF SALARY ADJUSTMENT
You have been granted an increment of salary effective from 7.12.85
as set out below:

New rate of salary: \$ 18045 per annum
Type of increment: Top step

A. Harrison 4/85
For Chief Postmaster,
Regional Engineer,
District Engineer.

Date 3 DEC 1985

Above: Ministerial drivers for the Public Service Garage (from left), Bill Scott, John Taylor, (both deceased), and Ernie Bevin standing beside the Ford LTD's they drove - Queenstown Airport 1976.

Left: Ernie Bevin's last salary increment from the Public Service Garage, in the year before his retirement.

Cook's corner

Lyn Jenkins is the first to say that she'd rather be outside playing tennis or golf than cooking in her kitchen, but her partner Dave has discovered she's a dab hand at a few tasty treats.

Lyn says she's 'floated between accounting offices and real estate.' I'd get sick of one environment so I'd replace it with the other,' she says. The last time she worked in real estate was in property management.

She also enjoys painting and drawing. "Most people begin with acrylics; oils blend better, but they take longer to dry. "I'm very impatient," she says. She enjoys painting flowers, sweet peas and anemones are among her favourites. She is also exploring the challenge of drawing buildings in perspective and people's faces.

"I'm no great shakes in the kitchen," she says. "I hate the place. I don't really like being inside." That being said, she does have a couple of tried and true recipes. Her Christmas pudding recipe is very easy and it's always delicious. "It's nice and light and has a lovely balance of spices". Her family loves the pudding and she gets plenty of requests to make it more than once a year.



 *Cut out and keep*

TASTY MOUSETRAPS

These are a perfect snack for Christmas guests which can be stored for a few days, or frozen to use later.

Method:

Mix together two eggs, one onion (*red or brown, finely chopped*), grated cheese, salt and pepper and about one teaspoon of mixed herbs. For those who like garlic a dollop of crushed garlic adds an extra boost of flavour.

Butter six to eight slices of bread (*depending on how many mousetraps you want to make, in which case increase all of the ingredients*). Place butter side down on an oven tray and bake at about 180°C for 40 minutes.

Cut off the side crusts and then cut each slice of bread into three. If they are stored they taste better and become crisp again when reheated.

CHRISTMAS STEAMED PUDDING

Ingredients:

1 cup flour
½ cup sugar
2 oz butter
¾ cup raisins
1 cup milk
1 teaspoon spice
1 teaspoon cinnamon
1 teaspoon baking soda
1 teaspoon baking powder (optional)

Put milk and fruit on to heat add butter, spices and sugar. Bring to the boil slowly. Add baking soda dissolved in a little milk. Then add flour. Place in greased basin and steam for two hours.

Lyn is not a nut person, but she has found a delicious way to incorporate them into an existing salt and caramel fudge recipe.

SALTED CARAMEL FUDGE

Ingredients:

5 oz brown sugar
6 oz butter
2 tablespoons Golden Syrup

Put in pot together and melt and bubble for ten minutes.

Cool and add two packets of crushed malt biscuits 1 teaspoon of vanilla and 1 teaspoon of ginger (*or half the recipe and include one packet of malt biscuits and the equivalent weight in chopped salted peanuts*).

Press into tin and ice with coffee icing.

grey matter puzzles page

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word find

- Alice Sainsbury
- Century Celebration
- Chiefs Chatter
- Bichon Frise
- Veterinarian
- Tasty Treats
- Christmas Pud
- Salted Caramel Fudge
- Mousetraps
- Ministerial Driver
- Ford
- Rugby
- Sports Broadcaster
- Keith Quinn

sudoku

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answers

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